



# Water Play

## WATER PLAY ACTIVITIES



Start by having the lid to the bucket, bin, or play table shut. This is a perfect opportunity to prompt your child to ask for "help," "open," or, "water!"



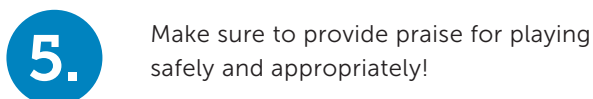
Place at least 3 toys in the water for a fun way to practice identifying preferred items.



Model fun pretend activities! "Oh look, the dolphin can swim fast!" See if they can watch and copy you!



See if they can finish fun phrases about the activities, such as like "ready, set,..." and wait for them to say "go" before you drop the toys in the water!



Make sure to provide praise for playing safely and appropriately!

ALWAYS REMEMBER TO EMPTY THE CONTAINER WHEN YOU ARE FINISHED. IF YOU CANNOT EMPTY THE CONTAINER, CONSIDER LOCKING THE LID TO RESTRICT ACCESS.

# Water Safety Tips

Swimming is a fun summer activity! Sometimes swimming is so exciting that dangerous behaviors may occur. Remember to always have eyes on your child and ensure gates or doors are locked when a pool is not in use!



## A life jacket may be necessary if your child cannot swim

**What if they won't put the life jacket on, or become very upset when wearing it?**

Slow introductions paired with positive praise and fun will make them more likely to wear the jacket.



## Add a whistle to any water toy

Whistles can be useful if help is needed in the pool, but your child is unable to speak or ask for help independently.

## SUN PROTECTION

### If your child...



#### is sensitive to smell

Try scentless sunscreen



#### enjoys deep pressure

Apply sunscreen using this technique, paired with some praise and hugs!



#### is sensitive to texture

A slow introduction to wearing sunscreen may help. Start out by only placing a small amount on one hand or foot. Provide praise and highly preferred items when they tolerate the sunscreen. Each time, slowly increase the amount of sunscreen.



#### is sensitive to sound

Try lotion, stick-based, or roller-based sunscreen

**SHIRTS, HATS, AND BODYSUITS ARE A GREAT OPTION TO HELP WITH SUN PROTECTION.**